



PROPOSED 5 STEP CHULA VISTA RETURN TO PLAY PLAN

Step 1 - No Recreational Organized Activities

Step 2 - Individual and Small Group Training

- ✓ Maximum number of participants up to 13 (including players and coaches)
- ✓ COVID-19 prevention and response protocols in place and followed
- ✓ Allow adequate time to establish good habits and compliance with Covid-19 protocol
- ✓ NO GAMES
- ✓ All Parks Closed at 8pm

Step 3 - Full Team Training

- ✓ COVID-19 prevention and response protocols in place and followed

Step 4 - Full Team Competitions

- ✓ Team competitions can occur
- ✓ Consider local and single day competitions
- ✓ Continue with COVID-19 mitigation strategies

Step 5 – No Restrictions

- ✓ COVID-19 is no longer a public health matter and there are no restrictions directed by federal, state and local authorities

Chula Vista Return to Play Plan: Step 2

Individual and small group training only

(NO GAMES/All Parks Closed at 8pm)

Youth Sports programs must implement all measures listed below to ensure health and safety of all patrons.

Any organization that fails to comply with these safety measures will lose access to city fields.

A. Each team may have multiple groups of up to 13 in total, including coach(es).

- The number of teams that can access a sport field will depend on the size and availability of each facility to ensure space for physical distancing.
- At no time will the stable youth groups be allowed to intermingle or move between groups.
- Each team will have the same coach(es) work with one set of participants for the entire session to further limit additional contact. Coaches cannot shift from one group to another during a set training session.
- When there are multiple training sessions scheduled, practices will have to stagger schedules with no less than 15 minutes between group training times, to limit contact with other teams when entering and exiting the parking lot or field of play.

B. General Safety Precautions: League representatives will be responsible for ensuring all precautions are followed.

- Any coach or participant who is sick or who has recently had close contact with a person with COVID-19 must stay home.
- All coaches and participants shall receive temperature screening by their organization's representative upon arrival and shall not be allowed to participate if their temperature is 100 degrees or higher. If temperature reading is 100 degrees or higher, that person must be isolated from others and sent home immediately.
- Face coverings must always be worn by all, except by participants while in active play.
- No physical contact (high fives, fist bumps, etc.).
- Team will take measures to keep people at least six (6) feet apart: Coaches and/or league representatives will be responsible for ensuring spectators maintain physical distancing.
- Members of household units must observe physical distancing of at least six (6) feet from members of other households.
- Spectator benches/bleachers will be cordoned off by City staff. Spectators are encouraged to remain in their vehicle until the end of practice. If spectators choose to view from the sidelines, spectators may bring their own chairs, to be placed at least six (6) feet apart unless they are members of the same household unit.
- Coaches and participants must observe physical distancing when not participating in activities.
- Organizations shall place tape or markings at least six feet apart in any area where participants may form a line.
- Prior to starting any activities coaches must review the safety protocols in place with their participants.

C. Personal Equipment/Attire

- Participants must not share sports attire (gloves, towels, jerseys, etc.)
- If equipment is brought by the individual participant, they must ensure it is sanitized before and after use.
- Any articles left behind will be disposed of by the City.

D. Shared Equipment

- Shared game equipment (balls, bats, etc.) must be sanitized and swapped out regularly.
- Participants must not pick up field equipment, move or handle other necessary training equipment. All equipment will be prepared and set out by team coaches.
- Field set-up should aim to use minimal equipment to help reduce risk.

E. Facilities

- City Staff will post signage at each facility to inform participants not to enter the facility if they have a cough or fever; maintain a minimum of 6 feet distance from one another (other than family/household members); and to wear a face covering. All coaches, participants and observers should observe and comply with all signs posted by City
- Benches/bleachers will be cordoned off or removed by City staff to ensure physical distancing.
- Water fountains will be cordoned off by City staff.
- Participants must depart the facility immediately after session is finished.
- Organizations should consider additional measures to support and enhance the sanitizing of park restrooms.

F. Snack

- Snacks/drink bottles must not be shared.
- The use of sunflower seeds or any spit inducing items is prohibited.

G. Illness or Injury

- **If any coach or participant exhibits symptoms of COVID-19 (fever of 100+, nausea, chills, cough, sore throat, etc.)**
 - Coach or participant must immediately be required to wear a face covering and be separated from their group until they can be transported home or to a healthcare facility, as soon as practicable.
 - Parents/guardians will be contacted by the coach or league representative immediately to pick up the participant.
 - For serious injury or illness, call 9-1-1 without delay. Seek medical attention if symptoms become severe, including persistent pain or pressure in the chest, confusion, or bluish lips or face.
 - All parents/guardians of participants that were in contact must be notified by the coach or league representative of a potential exposure. Coach is to notify City representative and league representative immediately of potential exposure. League is responsible for documenting potential exposures and following up with coach or participant and notifying City once determined coach or participant has received results from COVID-19 test.
 - Those who were found to have had especially close contact with the coach or participant must be advised to quarantine, self-monitor for symptoms, and/or take other actions necessary or appropriate to comply with CDC and County of San Diego Health Department guidance.
 - Sick coaches or participants must not return to the team until they have met CDC's and County of San Diego Health Department's criteria to discontinue home isolation.
- **If any coach or participant tests positive for COVID-19**
 - League representative must notify local health officials, City staff, and all families immediately of any positive case of COVID-19 while maintaining confidentiality as required by state and federal laws. The league must also require any sick coach or participant not to return until they have met CDC and County of San Diego Health Department's criteria to discontinue home isolation, including 3 days with no fever, symptoms have improved and 10 days since symptoms first appeared.

H. **Monitoring Protocols**

- League representatives must monitor compliance.
- All coaches must be thoroughly trained on these protocols and must enforce them with their team and spectators.

The organization agrees and acknowledges that its use of the City's facilities is voluntary and at the organization's own risk. It further agrees that the City is not responsible for, and the organization will not seek to hold the City liable for, COVID-19-related illness or death which may result from using the City facilities.

Organization Name

Organization President Name (Print)

Organization President Signature

Today's Date

If you have any questions, please contact Gil Contreras at gcontreras@chulavistaca.gov